



Flynn Dining Commons

Week of Monday February 20

Watch for
Well Balanced
Menu Solutions...

...good food that tastes great
is your reason for
eating healthy!

Well Balanced entrees & salad recipes
were developed by our regional
and national chefs and dietitians.

Hours

Monday - Friday

7:00 am - 10:00 am Hot Breakfast
10:45 am - 2:00 pm Lunch
2:00 pm - 4:00 pm Midday Cafe
4:00 pm - 7:00 pm Dinner
7:00 pm - 9:00 pm Afterhours Cafe

Saturday - Sunday

8:30 am - 2:00 pm Hot Brunch
2:00 pm - 4:00 pm Midday Cafe
4:00 pm - 6:30 pm Dinner

Managers

Chef/ Manager

Bart Huntley
508-697-3900

Assistant Manager

Dianne Witkowski
x 2164

Monday

Entree: French Fries **V**
Hard Cooked Eggs **V**
Meatball Submarine Sandwich
Sausage Links
Scrambled Eggs **V**
Waffles French with Strawberries **V**

Tuesday

Entree: Macaroni and Cheese **V**
Oven Roasted Top Round Beef
Grill: Caprese Turkey Burger on Focaccia
Cheeseburger on a Toasted Bun
International: Taco Bar
Soup: Loaded Baked Potato Soup

Wednesday

Entree: Fried Fish Sticks
Grilled Chicken Fajitas
Grill: BBQ Pork Sliders
Cheeseburger on a Toasted Bun
International: Teriyaki Cashew Chicken
Soup: Cheesy Corn Chowder

Thursday

Entree: Fried Chicken Pieces
Mashed Potatoes **V**
Grill: Cheeseburger on a Toasted Bun
Mac n Cheese Sliders w/Spicy Meatballs
International: Caesar Salad Bar
Soup: Old Fashioned Turkey Noodle Soup

Friday

Entree: Baked Tilapia Fillet **V**
Grilled Beef Fajitas
Grill: Cheeseburger on a Toasted Bun
Chili Dog
International: Sundae Bar
Soup: Chicken Corn Chowder

Saturday

Entree: Buttermilk Pancakes **V** **V**
Cheeseburger on a Toasted Bun
Chicken Patty Sandwich
Hash Browned Potatoes **VG** **V**
Waffle Bar **V**
Soup: American Bounty Vegetable Soup **V**

Sunday

Entree: Chicken Patty Sandwich
Country Kitchen Vegetables **VG** **V**
Home Fried Potatoes
Scrambled Eggs **V**
Omelet Bar
Creamy Tomato Basil Soup **V**

V Vegetarian

VG Vegan

V Well Balanced
Grill:
Soup: