



Watch for Well Balanced Menu Solutions...

...good food that tastes great
is your reason for
eating healthy!

Well Balanced entrees & salad recipes
were developed by our regional
and national chefs and dietitians.

Hours

Monday - Friday
7:00am - 7:30pm

Saturday - Sunday
10:00am - 7:00pm

Managers

Day Manager
Gary Corseri x2892

Operations Manager
Gail Rotondi x2205

Chef

Executive Chef
Arthur Morrisette x2892

E.C.C. Breakfast

Week of Monday February 20

Monday

Entree: French Fried Tater Tots
Grits 
Hard Cooked Eggs 
Oatmeal 
Omelet Bar
Scrambled Eggs 






Tuesday

Entree: Crisp Bacon
Egg & Cheese Bagel with Ham
French Toast Sticks w/Syrup
Hard Cooked Eggs 
Hash Browned Potatoes 
Oatmeal 

Wednesday

Entree: Banana Pancakes 
Egg & Cheese Biscuit w/Ham
Ham Steak
Hard Cooked Eggs 
Home Fried Potatoes
Oatmeal 

Thursday

Entree: Breakfast Burrito w/Chorizo
Cinnamon Raisin French Toast 
Hard Cooked Eggs 
Oatmeal 
Sausage Patties
Scrambled Eggs 

Friday

Entree: Buttermilk Pancakes 
Fried Egg O'Muffin with Ham
Frizzled Ham
Hard Cooked Eggs 
Home Fried Potatoes
Oatmeal 

Saturday Brunch 10:00am-2:00pm

Sunday Brunch 10:00-2:00pm