



E.C.C. DINING Hall

Week of Monday March 1

Watch for
Wellness and You!
Menu Solutions...

...good food that tastes great
is your reason for
eating healthy!

Wellness entrees and salad recipes
were developed by our regional
and national chefs and dietitians.

Better By Design
has healthier cuisine...

Hours

Monday - Friday

Breakfast- 7:00am-10:30am
Lunch- 10:45am-2:15pm
Dinner- 4:15pm-7:30pm

Saturday - Sunday

Brunch- 10:00am-2:00pm
Dinner- 4:15pm-7:00pm

Managers

Operations Manager
Gail Rotondi ext. 2205

Day Manager
Gary Corseri ext. 2205

Chef

Executive Chef
Arthur Morrissette ext. 2892



Monday

Entree:	French Fried Tater Tots	\$
	Glazed Fresh Carrots 🍅🍅	\$
	Sloppy Joe Sandwich	\$
	Steamed Corn 🌽🌽🌽	\$
Soup:	Old Fashioned Chicken Noodle 🍲🍲	\$
	Vegetarian Lentil & Spinach 🌱🌱🌱	\$

Tuesday

Entree:	Macaroni and Cheese 🍝🍝	\$
	Pork Riblet Sandwich	\$
	Steak House Spinach 🍅🍅🌱	\$
	Stewed Tomatoes 🍅🌱	\$
Soup:	Loaded Baked Potato 🍠🌱	\$
	Vegetarian Minestrone 🍲🍲🌱	\$

Wednesday

Entree:	French Dip Sandwich 🍷	\$
	Green Peas 🌱🌱🌱	\$
	Sliced Steamed Carrots 🍅🍅🌱	\$
	Steak Cut French Fries	\$
Soup:	Cuban Black Bean 🌱	\$
	Turkey Barley 🍲🌱	\$

Thursday

Entree:	Chicken Patty Cordon Bleu 🌱	\$
	Fresh Broccoli 🍅🍅🌱	\$
	Rice Pilaf	\$
	Steamed Cauliflower 🌱🍅🌱	\$
Breakfast:	Minted Cucumber Salad	\$
Soup:	Hearty Beef Vegetable 🌱	\$

Friday Close at 2:00 pm for Spring
Break

Saturday-Brunch 10:00am-2:00pm

Sunday-Brunch 10:00am-2:00pm