



Watch for
Wellness and You!
Menu Solutions...

...good food that tastes great
is your reason for
eating healthy!

Wellness entrees and salad recipes
were developed by our regional
and national chefs and dietitians.

Better By Design
has healthier cuisine...

Hours

Monday - Friday

Breakfast- 7:00am-10:30am
Lunch- 10:45am-2:15pm
Dinner- 4:15pm-7:30pm

Saturday - Sunday

Brunch- 10:00am-2:00pm
Dinner- 4:15pm-7:00pm

Managers

Operations Manager
Gail Rotondi ext. 2205

Day Manager
Gary Corseri ext. 2205

Chef

Executive Chef
Arthur Morrissette ext. 2892



E.C.C. DINING Hall

Week of Monday February 8

Monday

Entree:	Chicken Patty Parmesan 🌿	\$
	Garlic Bread 🍅🌿	\$
	Italian Vegetable Blend 🍅🌿🌿	\$
Soup:	Creamy Potato Leek 🍅🌿	\$
	Old Fashioned Chicken Noodle	\$
Grill:	Cheeseburger w/Lettuce & Tomato on Bun	\$

Tuesday

Entree:	Green Peas 🍅🌿🌿	\$
	Steamed Baby Carrots 🍅🌿	\$
Soup:	American Bounty Vegetable 🍅🌿🌿	\$
	Santa Fe Chicken & Black Bean 🍅🌿	\$
Grill:	Buffalo Chicken Breast Sandwich	\$
	Cheeseburger w/Lettuce & Tomato on Bun	\$

Wednesday

Entree:	Creole Jambalaya	\$
	Fresh Broccoli 🍅🌿🌿	\$
	Okra & Tomatoes 🍅🌿	\$
Soup:	Roast Turkey and Rice	\$
Grill:	Bean & Cheese Nachos	\$
	Cheeseburger w/Lettuce & Tomato on Bun	\$

Thursday

Entree:	Chili Mac	\$
	Italian Green Beans 🍅🌿🌿	\$
	Steamed Corn	\$
Soup:	Sweet Potato & Roasted Corn 🍅🌿🌿	\$
	Vegetarian Minestrone 🍅🌿🌿	\$
Grill:	Cheeseburger w/Lettuce & Tomato on Bun	\$

Friday

Entree:	Aztec Corn 🍅🌿	\$
	Chicken Soft Tacos 🌿	\$
	Fresh Broccoli 🍅🌿🌿	\$
	Refried Beans 🍅🌿	\$
Soup:	New England Clam Chowder 🌿	\$
	Pasta E Fagioli 🍅🌿	\$

Saturday-Brunch 10:00am-2:00pm

Entree:	Applesauce Coffee Cake 🍅	\$
	French Fried Tater Tots	\$
	Green Peas 🍅🌿🌿	\$
	Hard Cooked Eggs 🍅🌿	\$
	Mini Buttermilk Pancakes 🍅🌿	\$
	Oatmeal 🍅🌿	\$

Sunday-Brunch 10:00am-2:00pm

Entree:	Glazed Baked Ham 🌿	\$
	Hard Cooked Eggs 🍅🌿	\$
	Oatmeal 🍅🌿	\$
	Sausage Patties 🌿	\$
	Scrambled Eggs 🍅🌿	\$
	Vanilla Belgian Waffles w/Berries 🍅	\$