



Watch for
Wellness and You!
Menu Solutions...

...good food that tastes great
is your reason for
eating healthy!

Wellness entrees and salad recipes
were developed by our regional
and national chefs and dietitians.

Better By Design
has healthier cuisine...

Hours

Monday - Friday

Breakfast- 7:00am-10:30am
Lunch- 10:45am-2:15pm
Dinner- 4:15pm-7:30pm

Saturday - Sunday

Brunch- 10:00am-2:00pm
Dinner- 4:15pm-7:00pm

Managers

Operations Manager
Gail Rotondi ext. 2205

Day Manager
Gary Corseri ext. 2205

Chef

Executive Chef
Arthur Morrissette ext. 2892



E.C.C. DINING Hall

Week of Monday August 30

Monday

Entree:	Baked Sweet Potato 🍠🍅	\$
	Bread Dressing	\$
	Roast Turkey 🍗	\$
Soup:	Old Fashioned Chicken Noodle 🍲🍲	\$
	Vegetarian Lentil & Spinach 🍲🍲	\$
Grill:	Turkey Burger	\$

Tuesday

Entree:	Steamed Cauliflower/Cheese Sauce 🍷	\$
	Meatloaf	\$
Soup:	Chicken Tortilla 🍲	\$
Grill:	Chili Cheese Fries	\$
	Turkey Burger	\$
	Vegetarian Garden Cheeseburger 🍔	\$

Wednesday Closed for Cookout

Thursday

Entree:	Leaf Spinach 🍷🍲	\$
	Caesar Salad with Anchovies 🍷	\$
Soup:	Chunky Beef Noodle 🍲	\$
Grill:	Grilled Corned Beef Reuben	\$
	Turkey Burger	\$
	Vegetarian Garden Cheeseburger 🍔	\$

Friday

Entree:	Creamed Corn 🍷🍲	\$
Breakfast:	Fresh Broccoli 🍷🍲	\$
Soup:	Chicken Corn Chowder 🍲	\$
	Mushroom Barley 🍲🍲	\$
Grill:	Fried Cod Sandwich with Lettuce & Tomato	\$
	Turkey Burger	\$

Saturday-Brunch 10:00am-2:00pm

Entree:	Provencal Roast Tomatoes 🍷🍲	\$
	Southern BBQ Green Beans 🍷	\$
Soup:	American Bounty Vegetable 🍲🍲	\$
Grill:	Turkey Burger	\$
	Vegetarian Garden Cheeseburger 🍔	\$
Deli:	Made to Order Deli Core	\$

Sunday-Brunch 10:00am-2:00pm

Entree:	Leaf Spinach 🍷🍲	\$
Soup:	Creamy Tomato Basil 🍷🍲	\$
Grill:	Grilled 3 Cheese & Apples	\$
	Turkey Burger	\$
	Vegetarian Garden Cheeseburger 🍔	\$
Vegetable:	Baked Pasta Torte with Fontina 🍷	\$