



Watch for  
Wellness and You!  
Menu Solutions...

...good food that tastes great  
is your reason for  
eating healthy!

Wellness entrees and salad recipes  
were developed by our regional  
and national chefs and dietitians.

Better By Design  
has healthier cuisine...

Hours

**Monday - Friday**

Breakfast- 7:00am-10:30am  
Lunch- 10:45am-2:15pm  
Dinner- 4:15pm-7:30pm

**Saturday - Sunday**

Brunch- 10:00am-2:00pm  
Dinner- 4:15pm-7:00pm

Managers

**Operations Manager**  
Gail Rotondi ext. 2205

**Day Manager**  
Gary Corseri ext. 2205

Chef

**Executive Chef**  
Arthur Morrissette ext. 2892



# E.C.C. DINING Hall

Week of Monday February 8

## Monday

Entree:	BBQ London Broil 🌿	\$
	Roasted Tomatoes 🍅🌿	\$
	Steamed Corn	\$
Soup:	Creamy Potato Leek 🍅🌿	\$
	Old Fashioned Chicken Noodle	\$
Grill:	Cheese Quesadilla & Salsa	\$

## Tuesday

Entree:	Herb Broiled Tomatoes 🍅🌿	\$
	Italian Green Beans 🍅🌿	\$
	Roast Turkey Breast	\$
Soup:	American Bounty Vegetable 🍅🌿	\$
	Santa Fe Chicken & Black Bean 🍅🌿	\$
Grill:	Cheese Quesadilla & Salsa	\$

## Wednesday

Entree:	Leaf Spinach 🍅🌿	\$
	Roasted Vegetables 🍅🌿	\$
	Spaghetti & Meatballs with Sauce	\$
Soup:	Roast Turkey and Rice	\$
Grill:	Cheese Quesadilla & Salsa	\$
	Cheeseburger w/Lettuce & Tomato on Bun	\$

## Thursday

Entree:	Chicken Marsala 🍅🌿	\$
	Green Peas 🍅🌿	\$
	Steamed Cauliflower	\$
Soup:	Sweet Potato & Roasted Corn 🍅🌿	\$
	Vegetarian Minestrone 🍅🌿	\$
Grill:	Beef Philly-Style Cheese Steak	\$

## Friday

Entree:	Creamy Cole Slaw 🍅🌿	\$
	Steak Cut French Fries	\$
	Whole Green Beans 🍅🌿	\$
Soup:	New England Clam Chowder 🌿	\$
	Pasta E Fagioli 🍅🌿	\$
Grill:	Cheese Quesadilla & Salsa	\$

## Saturday-Brunch 10:00am-2:00pm

Entree:	Ground Beef & Potato Pie	\$
	Spinach w/Garlic & Onions 🍅🌿	\$
	Steamed Baby Carrots 🍅🌿	\$
Soup:	Creamy Tomato Basil 🍅🌿	\$
Grill:	Cheese Quesadilla & Salsa	\$
	Cheeseburger w/Lettuce & Tomato on Bun	\$

## Sunday-Brunch 10:00am-2:00pm

Entree:	Basil Orzo 🍅🌿	\$
	Broccoli with Garlic & Lemon 🍅🌿	\$
	Ratatouille 🍅🌿	\$
Soup:	Cream of Broccoli 🍅🌿	\$
Grill:	Cheese Quesadilla & Salsa	\$
	Cheeseburger w/Lettuce & Tomato on Bun	\$