



Watch for  
Wellness and You!  
Menu Solutions...

...good food that tastes great  
is your reason for  
eating healthy!

Wellness entrees and salad recipes  
were developed by our regional  
and national chefs and dietitians.

Better By Design  
has healthier cuisine...

Hours

**Monday - Friday**

Breakfast- 7:00am-10:30am  
Lunch- 10:45am-2:15pm  
Dinner- 4:15pm-7:30pm

**Saturday - Sunday**

Brunch- 10:00am-2:00pm  
Dinner- 4:15pm-7:00pm

Managers

**Operations Manager**  
Gail Rotondi ext. 2205

**Day Manager**

Gary Corseri ext. 2205

Chef

**Executive Chef**  
Arthur Morrissette ext. 2892



# E.C.C. DINING Hall

Week of Monday February 8

## Monday

Entree:	Buttermilk Whole Wheat Pancakes 🍌🍌	\$
	Egg & Cheese Biscuit	\$
	French Fried Tater Tots	\$
	Grits 🍌🍌	\$
	Hard Cooked Eggs 🍌🍌	\$
	Oatmeal 🍌🍌	\$

## Tuesday

Entree:	Crisp Bacon 🍌	\$
	French Toast Sticks w/Syrup	\$
	Fried Egg O'Muffin with Bacon	\$
	Hard Cooked Eggs 🍌🍌	\$
	Oatmeal 🍌🍌	\$
	Scrambled Eggs 🍌🍌	\$

## Wednesday

Entree:	Banana Pancakes 🍌🍌	\$
	Egg & Cheese Biscuit w/Ham	\$
	Frizzled Ham 🍌🍌	\$
	Hard Cooked Eggs 🍌🍌	\$
	Oatmeal 🍌🍌	\$
	Scrambled Eggs 🍌🍌	\$

## Thursday

Entree:	Breakfast Burrito w/Chorizo 🍌	\$
	Hard Cooked Eggs 🍌🍌	\$
	Low Fat Banana Muffin 🍌	\$
	Oatmeal 🍌🍌	\$
	Scrambled Eggs 🍌🍌	\$
	Tri-Tater Patties 🍌	\$

## Friday

Entree:	Fried Egg O'Muffin with Ham	\$
	Frizzled Ham 🍌🍌	\$
	Hard Cooked Eggs 🍌🍌	\$
	Oatmeal 🍌🍌	\$
	Scrambled Eggs 🍌🍌	\$
	Texas French Toast 🍌	\$

Saturday-Brunch 10:00am-2:00pm

Sunday-Brunch 10:00am-2:00pm