



Flynn Dining Commons

Week of Monday March 1

Watch for
Wellness and You!
Menu Solutions...

...good food that tastes great
is your reason for
eating healthy!

Wellness entrees and salad recipes
were developed by our regional
and national chefs and dietitians.

Better By Design
has healthier cuisine...

Hours

Monday - Friday

7:00am-10:00am-Hot Breakfast
10:45am-2:00pm- Lunch
2:00pm-4:00pm-Midday Cafe
4:00pm-9:00pm-Dinner

Saturday - Sunday

8:30am-1:00pm- Hot Brunch
1:00pm-4:00pm-Midday Cafe
4:00pm-6:30pm-Dinner

Managers

Chef/Manager

Bart Huntley
508-697-3900

Assistant Manager

Dianne Witkowski
ext. 2164



Monday

Grill: Cheeseburger w/Lettuce & Tomato on Bun
French Fries
Salad: Bow Tie Carbonara Salad 🌿
Northern White Beans with Artichokes 🌻🌿
Dessert: Chocolate Brownies 🍓

Tuesday

Grill: Cheeseburger w/Lettuce & Tomato on Bun
French Fries
Entree: Baked Cod with Herb Crust 🍓🌿
International: Nacho Bar
Salad: Green Pepper & Tomato Salad 🌻🌿

Wednesday

Soup: Turkey Vegetable 🌿
Grill: Cheeseburger w/Lettuce & Tomato on Bun
Grilled Corned Beef Reuben
Entree: Buffalo-Style Chicken Wings 🌿
International: Beef & Broccoli Stir Fry
Deli: Made to Order Deli Core

Thursday

Soup: Roast Turkey and Rice 🌿
Grill: Cheeseburger w/Lettuce & Tomato on Bun
Crispy Chicken BLT
Entree: Fried Chicken Pieces 🌿
Exhibition: Caesar Salad Bar 🌿
Deli: Made to Order Deli Core

Friday

Soup: New England Clam Chowder 🌿
Grill: Chili Dog
Texas-Style Grilled Cheese Sandwich 🍓
Entree: Baked Cod with Herb Crust 🍓🌿
Hot Open Faced Turkey Sandwich 🍓
International: Sundae Bar

Saturday -- Closed for Spring Break

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