



Watch for Wellness and You! Menu Solutions...

...good food that tastes great
is your reason for
eating healthy!

Wellness entrees and salad recipes
were developed by our regional
and national chefs and dietitians.

Better By Design
has healthier cuisine...

Hours

Monday - Friday

7:00am-10:00am-Hot Breakfast
10:45am-2:00pm- Lunch
2:00pm-4:00pm-Midday Cafe
4:00pm-9:00pm-Dinner

Saturday - Sunday

8:30am-1:00pm- Hot Brunch
1:00pm-4:00pm-Midday Cafe
4:00pm-6:30pm-Dinner

Managers

Chef/Manager

Bart Huntley
508-697-3900

Assistant Manager

Dianne Witkowski
ext. 2164



Flynn Dining Commons

Week of Monday March 1

Monday

Grill: Cheeseburger w/Lettuce & Tomato on Bun
French Fries
Hamburger with Lettuce & Tomato
Salad: Bow Tie Carbonara Salad 🌱
Northern White Beans with Artichokes 🍅🥬

Tuesday

Grill: Cheeseburger w/Lettuce & Tomato on Bun
Hamburger with Lettuce & Tomato
Entree: Baked Potato 🍅🍅
Banana BBQ Chicken 🌱
Fresh Carrots Vichy 🍅🥬
International: Nacho Bar

Wednesday

Soup: Turkey Vegetable 🌱
Grill: Grilled Corned Beef Reuben
Entree: Prime Rib 🌱
Roast Turkey Breast 🌱
International: Chicken Parmesan
Ravioli Bar

Thursday

Soup: Roast Turkey and Rice 🌱
Grill: Crispy Chicken BLT
Entree: Beef & Broccoli Stir Fry 🌱
Fettuccini Alfredo with Shrimp
International: Caesar Salad Bar 🌱
Deli: Made to Order Deli Core

Friday -- Closed for Spring Break.
Have FUN!!!!!!!!!!!!

Saturday -- Closed for Spring Break.
Have FUN!!!!!!!!!!!!

Sunday -- Closed for Spring Break.
Have FUN!!!!!!!!!!!!