



Watch for Wellness and You! Menu Solutions...

...good food that tastes great
is your reason for
eating healthy!

Wellness entrees and salad recipes
were developed by our regional
and national chefs and dietitians.

Better By Design
has healthier cuisine...

Hours

Monday - Friday

7:00am-10:00am-Hot Breakfast
10:45am-2:00pm- Lunch
2:00pm-4:00pm-Midday Cafe
4:00pm-9:00pm-Dinner

Saturday - Sunday

8:30am-1:00pm- Hot Brunch
1:00pm-4:00pm-Midday Cafe
4:00pm-6:30pm-Dinner

Managers

Chef/Manager

Bart Huntley

508-697-3900

Assistant Manager

Dianne Witkowski

ext. 2164



Flynn Dining Commons

Week of Monday April 26

Monday

Entree: Fried Egg O'Muffin with Ham
Frizzled Ham 🍅🌿
Hard Cooked Eggs 🍅🌿
Oatmeal 🍌🍌
Scrambled Eggs 🍅🌿
Vanilla Belgian Waffles w/Berries 🍅

Tuesday

Entree: French Fried Tater Tots
French Toast Sticks w/Syrup
Fried Egg O'Muffin
Hard Cooked Eggs 🍅🌿
Oatmeal 🍌🍌
Scrambled Eggs 🍅🌿

Wednesday

Entree: Banana Pancakes 🍌🍌
Egg & Cheese Biscuit w/Sausage
Hard Cooked Eggs 🍅🌿
Sausage Patties 🌿
Scrambled Eggs 🍅🌿
Vanilla Belgian Waffles w/Berries 🍅

Thursday

Entree: Apple Pancakes 🍌
Corned Beef Hash 🌿
Egg & Cheese Bagel with Ham
Hard Cooked Eggs 🍅🌿
Oatmeal 🍌🍌
Scrambled Eggs 🍅🌿

Friday

Entree: Cranberry Orange Scones 🍌
Crisp Bacon 🌿
Egg & Cheese Bagel w/Bacon
Hard Cooked Eggs 🍅🌿
Scrambled Eggs 🍅🌿
Sourdough French Toast 🍌🌿

Saturday

Sunday